

**Notes from:
The Peplos**
Class at Pennsic War, 2011

Fabric

- Linen (generic, almost any material)
- Extremely lightweight wool
- NO cotton!
- Thin china silk
- Fustian (linen w/ cotton)
- Tazmanian 120 wool (tropical wool) see GStreetFabrics.com

APOPTYGMA – literally, “folded over part of the dress”

INSTITIA – trim on bottom edge of dress

Roman style peplos has a longer apodygma, and is belted over it at the waist
*also, an example of Artemis wearing one tied up version like this, exposing her legs, as she was a huntress. No evidence if this would have actually happened or not.

Colors

- Nearly any color
- Could also be heavily patterned
- Red, yellow, blue, green, murex purple eventually
- Pompeii fresco shows parti-colored peplos too!
- Brighter, more fabric, more layers is RICHER
- We know they had plaid
- Stripes of gold woven vertically on fabric (aureus) – see JoAnns!

To wear:

- Pin with edges overlapping
- Pin at tips of shoulders, and then pull in for the ‘swoop’ effect
- Apodygma can also have a pin in the center to hold down to body of fabric, so that it does not flap in the breeze (ie your face)

For sewn version, sew side-seams but leave the seam side of the apodygma un-sewn so it is not a full tube. You can even leave most of side-seams open except the area for modesty, since in period this dress would not have been sewn at all.